

# Advanced Thai Massage Workshop

## *Breath, Sensing, Flow & Intuition*

**6-9 October, 2022 - Zagreb, Croatia**

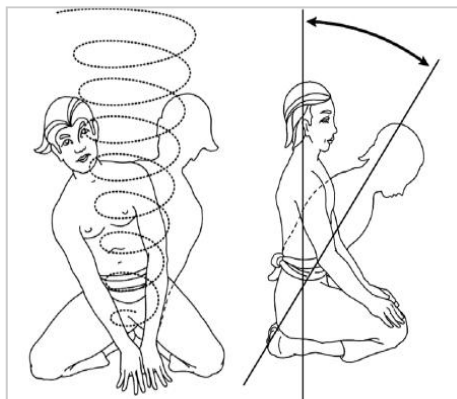
4 days, 24 hours - certificate course € 500 \*

\* early registration discount

**Bob Haddad, Instructor**

### **Breath, Sensing, Flow & Intuition** *in traditional Thai massage*

This is a multi-concept advanced course with a focus on breath awareness, body dynamics, sensing and intuition, and flowing from one technique to another with grace and ease. We practice techniques in relationship to correct breathing patterns and good body dynamics so we can re-train ourselves to work with more ease and effectiveness. Advanced techniques are demonstrated and practiced with a special focus of how both people should breathe optimally during a treatment.

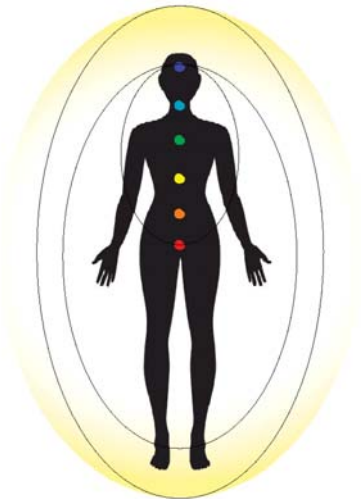


Another part of the course is devoted to refining our sensing and intuitive abilities so we can locate and dissipate blockages throughout the body more effectively.

We practice exercises as we work on *sen* lines and different areas of the body, and each person gives and receives short Thai treatments while using the techniques that we learn in class. One day is dedicated to refining graceful movements as we transition from one technique to another (flow). Good flow is extremely important to allow the receiver to enter into a state of self-healing, and it makes our work as therapists much easier. We also discuss how to read body language and use it as a guide

for practice; and we learn to assess clients by using Thai element theory, which helps us to determine which techniques to use, and which ones we should NOT use for certain clients.

Each day there is discussion, demonstration and practice. Each person gives and receives sessions, and the teacher guides and encourages you to organically integrate the new concepts and techniques into your own Thai massage styles and sequences. This is a unique and challenging course that will help you to work in a more spiritual and focused way.



*If you are visiting Croatia to attend this course, local accommodations and travel suggestions are available. Join us for this exciting workshop; bring a friend, and spend some additional days enjoying beautiful Zagreb. Taste delicious food and wine; meet wonderful people; and visit other nearby towns and tourist sites.*



**For more information, or to register for this course, contact Davor at:**  
**[davorhaber@gmail.com](mailto:davorhaber@gmail.com)**

- a deposit of €200 is required to hold your place in this course -

**[www.haberbodwork.hr](http://www.haberbodwork.hr) tel: (+385) 91 561 6644**

**Location: Velvet Pepper Studio, Zagreb**

**You may also contact the teacher if you have questions: [thaimassage@mindspring.com](mailto:thaimassage@mindspring.com)**



*This workshop is approved by NCBTMB (USA) and Thai Healing Alliance (THAI) for continuing education credit, and a certificate is awarded upon completion. Bob Haddad has studied Thai massage in Thailand and around the world since 1999. He founded Thai Healing Alliance International, is author of 'Thai Healing Arts: Practice, Culture & Spirituality', and "The Art of Thai Massage". Bob teaches workshops around the world., including in Thailand. Join us this May in beautiful Zagreb for a workshop that can positively change the way you practice.*